Green Tech Charter High School

Breakfast Menu



September 2024

	French Toast Sticks Milk Fruit Juice 3	Blueberry Muffin Maple Syrup Milk Juice 4	Milk Fruit Juice 5	Sausage Egg &Cheese Muffin Maple Syrup Milk Fruit Juice 6
Pancakes Maple Syrup Milk Fruit Juice	Cinnamon Roll Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Chocolate Chip Muffin Fruit Juice Milk	Pancakes Maple Syrup Milk Fruit Juice
9	10	11	12	13
French Toast Sticks Syrup Fruit Juice Milk	Bagel & Cream Cheese Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Waffle Sticks Maple Syrup Milk Fruit Juice	No Classes
16	17	18	19	20
Chocolate chip Muffin Milk Fruit Juice	Cinnamon Roll Milk Fruit Juice	Pancakes Maple Syrup Milk Juice	Breakfast Pizza Fruit Juice Milk	Bagel Cream Cheese Fruit Juice Milk
23	24	25	26	27
Waffles Sticks Maple Syrup Milk Fruit Juice				
30				

An 8 oz milk is served with each meal. Milk choices are Skim, 1% or fat free chocolate

- Cereal & Toast & Fresh Fruit Offered daily.
- Menus are subject to change without notice

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Lunch Menu

	Cheese Pizza Green Beans Peaches Milk	Chicken Patty On A Bun Mixed Veg Mixed Fruit Milk	Baked Spaghetti Dinner Roll Cucumber Slices Apple Sauce Milk	Cheese Burger French Fries Pears Milk
	3	4	5	6
Baked Chicken Dinner Roll Broccoli Pineapple Tidbits Milk	Soft Taco Black Beans Mandarin Oranges Milk	Mac &Cheese Dinner Roll Green Beans Mixed Fruit Milk	Chicken Alfredo Dinner Roll Toss Salad Peaches Milk	Pulled BBQ Chicken Cold Slaw Pine Apple Milk
9	10	11	12	13
Supreme Nachos Corn Pears Milk	Hot Dog Green Beans Mandarin Oranges Milk	Baked Ziti Dinner Roll Toss Salad Apple Sauce Milk	Buffalo Chicken Patty On A Bun Mixed Veg Peaches Milk	No Classes
16	17	18	19	20
Chicken Fijta Wrap Tater Tots Apple Sauce Milk	Beef Rice Bowl Black Beans Peaches Milk	Meat Ball Sub French Fries Pears Milk	Baked Chicken Dinner Roll Green Beans Mixed Fruit Milk	Goulash Dinner Roll Zucchini Pineapple Milk
23	24	25	26	27
Fish On A Bun Mix Veg Pears Milk				
30				
Fre	esh Fruit offered daily. An 8oz mi Daily of	ild has an allergy please notify th lk is served with each meal. Milk ferings are. Fresh Fruit. Every da Menus are subject to change with	Choices are Skim, 1% or fat free or c y Deli Sandwiches	nocolate.